



STATE OF DELAWARE  
DELAWARE NATIONAL GUARD  
JOINT FORCE HEADQUARTERS  
1 VAVALA WAY  
NEW CASTLE, DELAWARE 19720-2417



NGDE-TAG

26 March 2020

## To Our Delaware National Guard Family,

The COVID-19 virus has changed how we have been living our daily lives, with the number of confirmed cases on the rise and our routines turned upside-down. These are times of uncertainty for us, the National Guard and all of Delaware.

I wanted to remind you, the hard working Citizen Soldiers and Citizen Airmen who answer the call to duty, that your DNG leadership team is here for you. We are in this fight with you. We've been working since day one to set you up for success in your training and future missions.

Three main things I'm asking you to maintain during this period: Your accountability, health and physical fitness.

### Accountability

The Delaware National Guard knowing where you are and your level of readiness are paramount in these uncertain times. Your unit or direct supervisors should be in contact with you as you communicate your location and readiness to be activated. The Department of Defense has an online accountability system that allows you to input you and your family's information so that your unit can reach out in times of crisis. This allows our DNG leaders to have a clear sight-picture of how we can respond to the State's needs.

**Login for Air National Guard:** <https://afpaas.af.mil/>

**Login for Army National Guard:** <https://adpaas.army.mil/>

Follow the prompts to input your personal information (**only used for DNG accountability**).

### Health

With the recent restrictions (Stay at Home, Social Distancing, Telework, etc.) that have been issued in many states, it may seem like an overreaction to this current crisis. I assure you it is not. In fact, all of the above restrictions are ensuring our Delaware Guardsmen and Guardswomen are ready to fight this virus if and when we are called upon. I'm encouraging you and your family to follow the guidelines set by the State's Governor, Center for Disease Control and medical professionals. If you adhere to the above recommendations, you are doing your part to slowing the spread of this disease.

## **Fitness**

I realize that with temporary gym closures it may be easier to let your fitness routine drop in priority. Please find a way to maintain your physical fitness at home or in your neighborhood while still adhering to the guidance set out by the Governor. Maintaining a Delaware Guard force means to have physically ready Soldiers and Airman in the fight. Despite the adjustments to our everyday lives, we are still held to a high standard of fitness.

**Of note: The Army will still be crossing over to the new Army Combat Fitness Test this fall.**

We rely on our training, our values, and each other. We have responded to crises before. We are flexible, agile and adaptable to whatever the mission demands.

The Delaware National Guard is a responsive, reliable and ready force. We have Guardsmen and Guardswomen actively assisting the State in planning potential missions the Governor may need us to do, to combat COVID-19. We will be ready, and I'm trusting each of you to ensure that we will step up and serve our State and Nation.

Thank you for all you do. We thank your families for their sacrifice and support.

The Delaware National Guard has responded to events that affect our communities since our inception in 1655, and COVID-19 is no different.

**Always Ready, Always There!**

MICHAEL R. BERRY  
Major General  
The Adjutant General, Delaware