

STATE OF DELAWARE ARMY NATIONAL GUARD JOINT FORCE HEADQUARTERS 1 VAVALA WAY NEW CASTLE DE 19720-2417



NGDE-OPS-DEP

31 March 2023

MEMORANDUM THRU Deputy Chief of Staff, Operations, DEARNG (NGDE OPS) 1 Vavala Way, New Castle, DE 19720 2417 STOWELL.JEFFREY.DAVID.10 Digitally signed by STOWELL.JEFFREY.DAVID.1045314843 Date: 2023.03.31 14:07:09-04:00'

FOR Assistant Chief of Staff, NGDE-ACS, 1 Vavala Way, New Castle, DE 19720-2417

SUBJECT: Full-Time National Guard Duty for Operational Support (FTNGD-OS) request for G3, Holistic Health and Fitness Coordinator.

- 1. Reference: AR 135-200, Chapter 6, and DEARNG Policy Memorandum 25
- 2. Request Full-Time National Guard Duty for Operational Support (FTNGD-OS) tour for one (1) Soldier, grades between E6-E8.
 - a. Unit: JFHQ DEARNG G-3
 - b. Duty Location: 1 Vavala Way, New Castle, DE 19720-2417
 - c. Immediate Supervisor: SGM Jason McDowell, 302-326-7077
 - d. Tour Dates: 15 May 2023 to 30 September 2023
 - e. Length of Tour: Estimated 138 days (Contingent upon funding)
 - f. Field Conditions: No
 - g. Per Diem: No
 - h. Billeting: No
 - i. BAH: Yes
 - i. Rations: No
 - k. Travel: Command to pay travel, as required.
 - I. Dependent Travel Authorization: No
 - m. Rental Car Authorized: No.

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- n. COLA: Based on Soldier's HOR for duty over 140 days; Reference JFTR, Vol 1 Chapter 8 paragraph U8038
- 3. Soldier Qualifications:
 - a. Experience Preferred: Knowledge of operation goals and objectives of the program (H2F).
 - b. Must be a self-starter, working knowledge of Microsoft Office products.
- c. Skill/qualifications: Good verbal and written communication skills, as well as general administrative skills.
 - d. Minimum Military and Civilian Education Required: N/A
 - e. Security Clearance Required: Secret
- f. Passing score required on most recent APFT/ACFT and must meet HT/WT standards IAW AR 600-9.
- 4. Project Justification: DEARNG is authorized one H2F coordinator to develop and oversee the requirements of implementing the H2F program. NGB has provided funding.
- 5. POC for this memo is the undersigned at linden.l.boyer2.mil@army.mil, (302) 326-7070.

BOYER.LINDEN.L Digitally signed by BOYER.LINDEN.LEE.III.1045185 BE.III.1045185032 Date: 2023.03.31 13:03:30 -04'00'

LINDEN L. BOYER III. LTC, SC, DEARNG Deputy G-3